

Family Centre Fyren

A meeting point for children and parents



Welcome in!

Family Centre “Fyren”

A meeting point for children and parents in Sotenäs

The family centre has;

- » a paediatric care centre
- » an open preschool
- » support for parents
- » a mother/child health

psychologist There is close collaboration with the midwife clinic in Kungshamn.

The purpose of the operation is to promote good health for children and their families, taking the whole family’s situation into account. The family centre’s goal is to be a stable, safe, and social meeting point for families with children aged 0 – 6.

The family centre is for parents-to-be, new parents, and children. It gives parents and children an opportunity to spend time together and get to know each other.

It is easy to get advice, information, and support from the on-site staff.

Working here are a paediatric nurse, a preschool teacher, a family support worker, a mother/child health psychologist, and preschool’s special pedagogue.



FAMILJECENTRALEN
FYREN

Open Preschool

All children aged 0 – 6 are welcome to open preschool, accompanied by a parent or other adult. At open preschool, children get the opportunity to play and develop their social skills with other children, but most importantly, they get to have fun. You can also buy ‘fika’ at cost price.

Our opening hours are:

Monday 1.00 p.m. – 4.00 p.m.

Thursday,

0-2 years ... 9.00 a.m. – 12.00 noon

Friday 9.00 a.m. – 12.00 noon

Support for Parents

We can offer support for parents in groups or individually, depending on parents’ different interests and needs. You can come to us with big or small questions concerning children’s development and parenthood. We offer parent guidance, counselling, and baby massage, etc.

At open preschool, you’ll meet preschool teacher Anette Ekström, and family support worker Anna Gustafsson.

Paediatric Health Care

We work with:

- » health checks for children aged 0 – 6
- » home visits
- » vaccinations
- » parent groups
- » advice and support

The Midwife Clinic

The midwife clinic is located at the health care centre in Kungshamn.

We work with:

- » groups for parents-to-be
- » health care for pregnant women
- » contraception advice

Other Operations

We invite people with special knowledge in areas that may interest parents. Follow us on facebook/Familjecentralen Fyren for up-to-date information and activities.



Följ & gilla oss
på Facebook

List of Contacts

Paediatric Health Care Centre, Local Health, Kungshamn

Monday – Friday: by appointment
Monday: drop-in, 1.00 p.m. – 3.00 p.m.
BVC sköterska 010-441 66 50

Sotenäs Paediatric Health Care Centre, Sotenäs Health Care Centre

Tuesday, Thursday and Friday: by appointment
Paediatric health care centre, nurse 0523 199 76

Psychologist

Mother & child health care psychologist 0735- 95 25 34

Open Preschool

Mother Anette Ekström, preschool teacher 0523 66 47 55 or 0705 645 666
Anna Gustafsson, family support worker 0523 66 47 55
Please leave a message, and we will get back to you as soon as we can.

Midwife Clinic, Local Health, Kungshamn

Midwife 010- 441 67 20

Welcome to the Family Centre

Skolgatan 1d, 456 61 Hunnebostrand



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